

CANTEEN MENU Semester 1 2024

★ RECESS ORDER LIST ★	•	★ SANDWICHES, TOASTIES & WRA	APS *
Polly's Box - crackers, carrot sticks,	\$3.50	Vegemite	\$2.00
cheese, & celery stick with	·	Vegemite & cheese	\$2.50
corn relish or French onion dip		Cheese	\$2.50
·	_	Ham	\$2.50
Hawke's Box - crackers, carrot sticks,	\$4.50	Ham & Cheese	\$3.00
cheese, celery, hardboiled egg & ham		Ham, Cheese & Tomato	\$3.50
with corn relish or French onion dip		Ham, Cheese, Tomato & Lettuce	\$4.00
		Egg & Mayo	\$3.50
Hard Boiled Egg	\$0.80	Egg, Mayo & Lettuce	\$4.00
Popcorn	\$1.00		
Yoplait Vanilla Yogurt 160g	\$2.00	★ HEALTHY SALADS 500ml Bow	1 *
Banana Bread	\$2.50	Garden Salad	\$5.00
Fruit Salad	\$3.50	lettuce, cucumber, cherry tomato,	40.00
Fruit Salad & Vanilla Yogurt	\$4.00	carrot red capsicum & grated cheese	
Fruit Salad with Whipped Cream	\$4.00	Muscle Salad	\$6.00
Piece of Fruit – banana,	\$1.00	ham, egg, lettuce, cucumber, cherry tomato	•
red or green apple		carrot, red capsicum & grated cheese	
		Caesar Pasta Salad	\$6.50
.		lettuce, croutons, cheese, egg, shredded chick	en
★ READY TO GO LUNCH PACK	\mathbf{x}	bow pasta & Caesar dressing	
		bow pasta & caesar aressing	
Ready for collection by 10am		Coleslaw	\$4.50
Ready for collection by 10am PACK #1	\$7.00	Coleslaw white cabbage, red cabbage, carrot mixed thro	•
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PACK #1	\$7.00	Coleslaw white cabbage, red cabbage, carrot mixed thro	•
PACK #1 apple, Yoplait yoghurt, popcorn &	\$7.00 \$7.00	Coleslaw white cabbage, red cabbage, carrot mixed thro	•
PACK #1 apple, Yoplait yoghurt, popcorn & ham/cheese sandwich	·	Coleslaw white cabbage, red cabbage, carrot mixed throcreamy dressing ON THE GO	ough a
PACK #1 apple, Yoplait yoghurt, popcorn & ham/cheese sandwich PACK #2	·	Coleslaw white cabbage, red cabbage, carrot mixed throcreamy dressing ON THE GO Mrs Mac's Sausage Rolls	s4.00
PACK #1 apple, Yoplait yoghurt, popcorn & ham/cheese sandwich PACK #2	·	Coleslaw white cabbage, red cabbage, carrot mixed throcreamy dressing ON THE GO Mrs Mac's Sausage Rolls Mrs Mac's Lite 'N' Up Wrapped Pie	\$4.00 \$4.50
PACK #1 apple, Yoplait yoghurt, popcorn & ham/cheese sandwich PACK #2 fruit salad, popcorn & ham/cheese sandwich	\$7.00 \$10.00	Coleslaw white cabbage, red cabbage, carrot mixed throcreamy dressing ON THE GO Mrs Mac's Sausage Rolls Mrs Mac's Lite 'N' Up Wrapped Pie Mrs Mac's Party Pie	\$4.00 \$4.50 \$2.00
PACK #1 apple, Yoplait yoghurt, popcorn & ham/cheese sandwich PACK #2 fruit salad, popcorn & ham/cheese sandwich PACK #3	\$7.00 \$10.00	Coleslaw white cabbage, red cabbage, carrot mixed throcreamy dressing **ON THE GO* Mrs Mac's Sausage Rolls Mrs Mac's Lite 'N' Up Wrapped Pie Mrs Mac's Party Pie Chicken Nugget – each	\$4.00 \$4.50 \$2.00 \$1.00
PACK #1 apple, Yoplait yoghurt, popcorn & ham/cheese sandwich PACK #2 fruit salad, popcorn & ham/cheese sandwich PACK #3 apple, Yoplait yoghurt, banana bread, popcor	\$7.00 \$10.00	Coleslaw white cabbage, red cabbage, carrot mixed throcreamy dressing ON THE GO Mrs Mac's Sausage Rolls Mrs Mac's Lite 'N' Up Wrapped Pie Mrs Mac's Party Pie	\$4.00 \$4.50 \$2.00
PACK #1 apple, Yoplait yoghurt, popcorn & ham/cheese sandwich PACK #2 fruit salad, popcorn & ham/cheese sandwich PACK #3 apple, Yoplait yoghurt, banana bread, popcor	\$7.00 \$10.00	Coleslaw white cabbage, red cabbage, carrot mixed throcreamy dressing **ON THE GO* Mrs Mac's Sausage Rolls Mrs Mac's Lite 'N' Up Wrapped Pie Mrs Mac's Party Pie Chicken Nugget – each	\$4.00 \$4.50 \$2.00 \$1.00
PACK #1 apple, Yoplait yoghurt, popcorn & ham/cheese sandwich PACK #2 fruit salad, popcorn & ham/cheese sandwich PACK #3 apple, Yoplait yoghurt, banana bread, popcor	\$7.00 \$10.00	Coleslaw white cabbage, red cabbage, carrot mixed throcreamy dressing CON THE GO Mrs Mac's Sausage Rolls Mrs Mac's Lite 'N' Up Wrapped Pie Mrs Mac's Party Pie Chicken Nugget – each Plant Based Nugget – each	\$4.00 \$4.50 \$2.00 \$1.00 \$1.50
PACK #1 apple, Yoplait yoghurt, popcorn & ham/cheese sandwich PACK #2 fruit salad, popcorn & ham/cheese sandwich PACK #3 apple, Yoplait yoghurt, banana bread, popcor	\$7.00 \$10.00	white cabbage, red cabbage, carrot mixed throcreamy dressing ★ ON THE GO ★ Mrs Mac's Sausage Rolls Mrs Mac's Lite 'N' Up Wrapped Pie Mrs Mac's Party Pie Chicken Nugget – each Plant Based Nugget – each	\$4.00 \$4.50 \$2.00 \$1.50 \$0.50
PACK #1 apple, Yoplait yoghurt, popcorn & ham/cheese sandwich PACK #2 fruit salad, popcorn & ham/cheese sandwich PACK #3 apple, Yoplait yoghurt, banana bread, popcor	\$7.00 \$10.00	white cabbage, red cabbage, carrot mixed throcreamy dressing ON THE GO Mrs Mac's Sausage Rolls Mrs Mac's Lite 'N' Up Wrapped Pie Mrs Mac's Party Pie Chicken Nugget – each Plant Based Nugget – each Tomato Sauce	\$4.00 \$4.50 \$2.00 \$1.00 \$1.50
PACK #1 apple, Yoplait yoghurt, popcorn & ham/cheese sandwich PACK #2 fruit salad, popcorn & ham/cheese sandwich PACK #3 apple, Yoplait yoghurt, banana bread, popcor	\$7.00 \$10.00	white cabbage, red cabbage, carrot mixed throcreamy dressing ON THE GO Mrs Mac's Sausage Rolls Mrs Mac's Lite 'N' Up Wrapped Pie Mrs Mac's Party Pie Chicken Nugget – each Plant Based Nugget – each Tomato Sauce	\$4.00 \$4.50 \$2.00 \$1.50 \$0.50

Orders can be modified at your request, to meet dietary requirements.

Gluten free bread and pasta available to substitute. Please advise canteen staff



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★ ROAST CHICKEN SANDWICH/WRAP ★

Shredded Chicken & Mayo	\$5.00
Shredded Chicken, Mayo & Cheese	\$5.50
Shredded Chicken, Mayo, Cheese & Lettuce	\$6.00
Shredded Chicken Lettuce, Croutons,	\$7.00
Parmesan Cheese & Caesar Dressing	
Shredded Chicken & Coleslaw	\$6.00

★ HOT MEALS ★

Tuesday to Friday only

		Jnr	Snr		
Spaghetti Bologne	se	\$4.00	\$5.50		
Fried Rice		\$4.00	\$5.50		
Baked Potato with	Bolognese Sauce	!	\$7.00		
sour cream & gra	ted cheese				
Baked Potato with	Creamy Mayo		\$7.00		
chicken, grated ch	neese & coleslaw				
Chicken Nuggets	Jnr (3) Snr (5)	\$4.50	\$6.50		
with mashed potato & corn on the cob					
Party Pie	Jnr (1) Snr (2)	\$3.50	\$5.50		
with mashed potato & peas					
Veggie Box			\$6.00		
mashed potato, corn on cob, peas, beans & carrot					
Corn on the Cob			\$1.00		

★ BURGERS ★

Tuesday to Friday only

Chicken Schnitzel Burger \$8.00
with mayo, lettuce, tomato, avocado
& Swiss cheese in a potato bun
Chicken Schnitzel Slaw Burger \$6.50
with coleslaw in a potato bun
Beef Burger \$8.00

tomato, lettuce, Swiss cheese & tomato sauce in a potato bun

All burgers come with a side of popcorn

★ HOME MADE PIZZA ★

Tuesday, Wednesday, Thursday only

Cheese \$4.00 cheese on tomato paste

Ham & Cheese \$4.50 ham & cheese on tomato paste

Hawaiian \$5.00

ham, pineapple, cheese on tomato paste **Fasty Pizza**\$6.00

Tasty Pizza
double ham, spinach, red capsicum, pineapple,
cherry tomato on BBQ sauce

★ REFRESHMENTS ★

Water	\$1.50
Apple Juice	\$2.00
Apple & Blackcurrant Juice	\$2.00
Tropical Juice	\$2.00
Orange Juice	\$2.00
Full Cream Milk 250ml	\$2.00
Strawberry Milk 250ml	\$2.50
Chocolate Milk 250ml	\$2.50
GF flavoured milk available	

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